

Partner Yoga Workshop



Sat., February 11th 3:30-6:30pm

Yoga practice with a partner promotes joy, laughter, and relaxation. It reminds us what has been forgotten about connection and unity and interdependence among all things living and nonliving.

BEWARE—THIS YOGA IS FUN!!

Join Atlanta instructor Dr. Clare Lynn Royce and other great beings for an afternoon of open-hearted yoga that you won't forget. You need not bring a partner, and if you do, it can be anyone—even a stranger (who is just a friend that you have not yet met).

All styles of yoga welcome. Appropriate for beginners.

PLEASE Pre-register 706/613-1143 (\$30 per person)



Sangha Yoga Studio

834 Prince Ave./Athens www.healingartscentre.net